

MIRA

Astonishing Moments & Turning Points



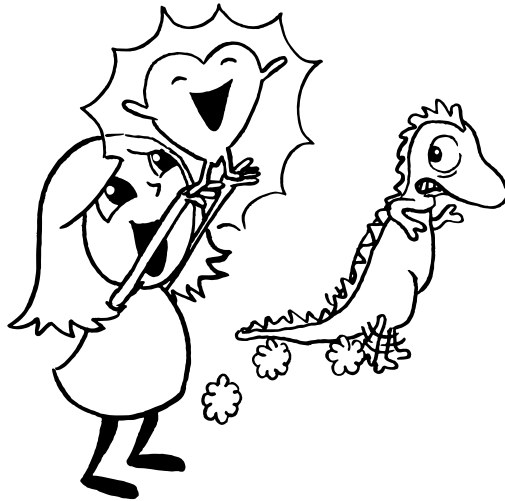
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A Collection of Mira(cle)Doodles

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MIRA

Astonishing Moments & Turning Points



A Collection of Mira(cle)Doodles - Volume 2

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Dedicated to M & RL

Doodles #1-31 are drawn based on INKTOBER 2020 prompts
Doodles #32-62 are drawn based on INKTOBER 2021 prompts
Doodles #63-93 are drawn based on INKTOBER 2022 prompts

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in part in any form without prior written permission of the publisher.
Publisher: elinap, Vantaa, Finland
Design & illustrations: elinap
Printed in Europe
ISBN 978-952-67473-7-8 (Paperback)
ISBN 978-952-67473-8-5 (Hardcover)



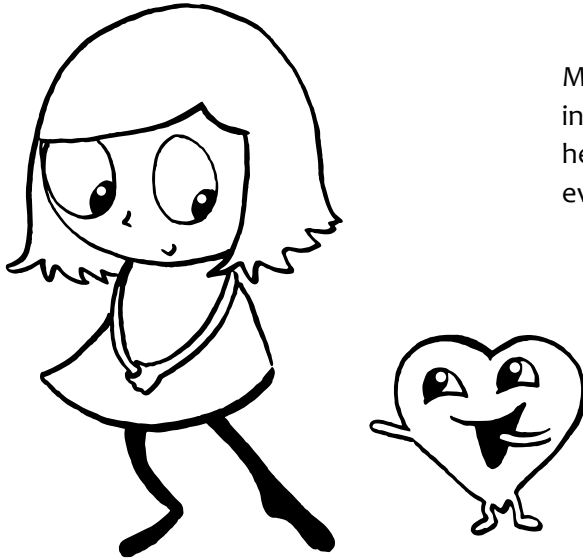
Spending time with Mira and her friends helps us
reveal the ways the ego disrupts our peace of mind.
Every doodle in this collection is an invitation to return back to Love
time and time again by listening to your heart:

Use each doodle as a little exercise to find ways in which it could illustrate
aspects of your life: maybe the ego has been stirring your thoughts up
lately (#2), or perhaps it has set a trap on your path that you can now
decide to avoid (#18). What are the pearls of wisdom you can find in every
experience (#66), and what could a fairytale ending look like for you (#86)?
The answers will be unique to you. The doodles have symbols that allow
for your own interpretations and insights to surface.

These doodles were drawn daily in October of 2020, 2021 and 2022, inspired
by the one-word prompts of Jake Parker's INKTOBER challenge. They are
presented in the same order as the prompts were given,
with five short stories in between.

My hope is that Mira and her friends inspire
shifts in how you view your life and
make choosing Love feel
easy & fun!

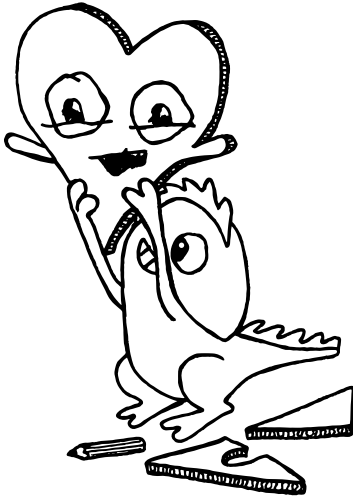
Meet the Characters



MIRA is an ever-curious, joyful inner child who loves to follow her heart and doesn't stop, even when the ego butts in.

MIRA'S HEART represents inner wisdom. The heart symbolizes the Love that we are—a Love that is all-encompassing and all-accepting. She knows our birthright is Love, Joy and Ease. The heart never leaves Mira even if she loses sight of it. Love will stick around like the Sun: Clouds may hide the sun, but it still shines.

MIRA'S FRIEND, SANDY, represents all other people and our interactions with others. She reflects Love and loyalty back to Mira or mirrors the ego, depending on which voice Mira chooses to listen to.



A LIZARD symbolizes the ego, representing moments when we try to play it safe and make decisions from our primary brain (also called the lizard brain).

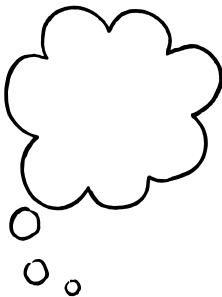
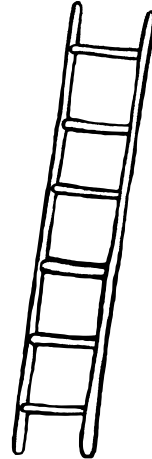
It's helpful to remember that the ego always speaks first and loudest in its attempts to lead us away from Love. The ego offers replacements for Love that always leave us wanting for more, as nothing is ever enough for the ego.

Other Symbols Used in This Book



STARS symbolize miracles, which are shifts in perception according to *A Course in Miracles*. Shifts happen when we question the world that the ego shows us and start to wonder if there is another way of looking at our situation.

A LADDER represents the times in life when we awaken to the reality that we are unhappy and desire a change.



A THOUGHT BUBBLE symbolizes thoughts and dreams.

When drawn as balloons on a string, the thoughts are being brought into our awareness.



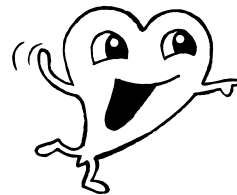
A PATH represents our life unfolding with every step and every decision we make.



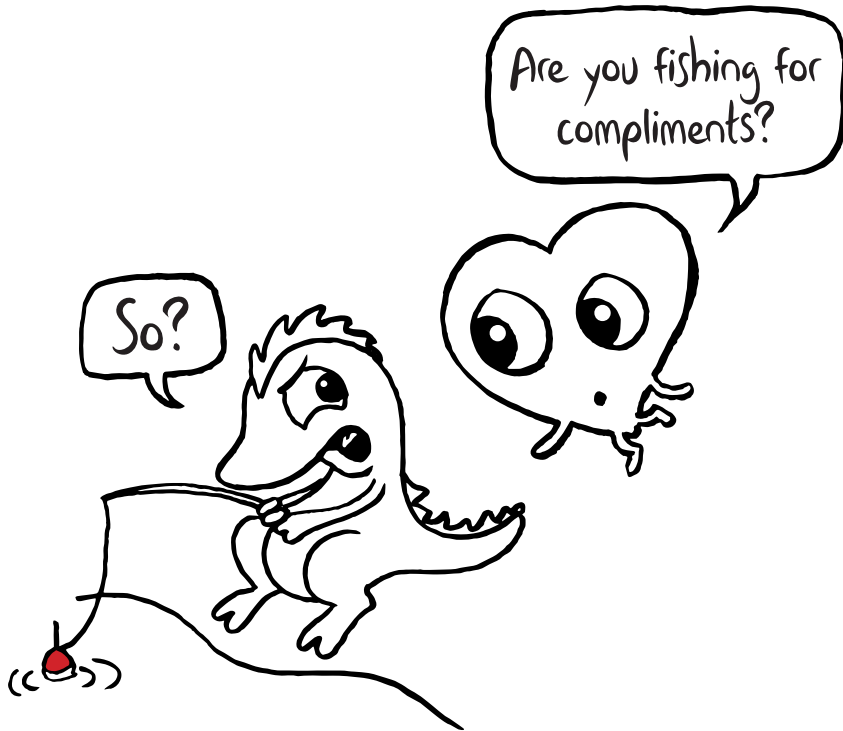
A PEN represents the way we express our creativity, whether it's through drawing, writing, dancing, cooking, gardening etc.

ALL THE SYMBOLS are drawn to help us move forward, towards more light & Love.

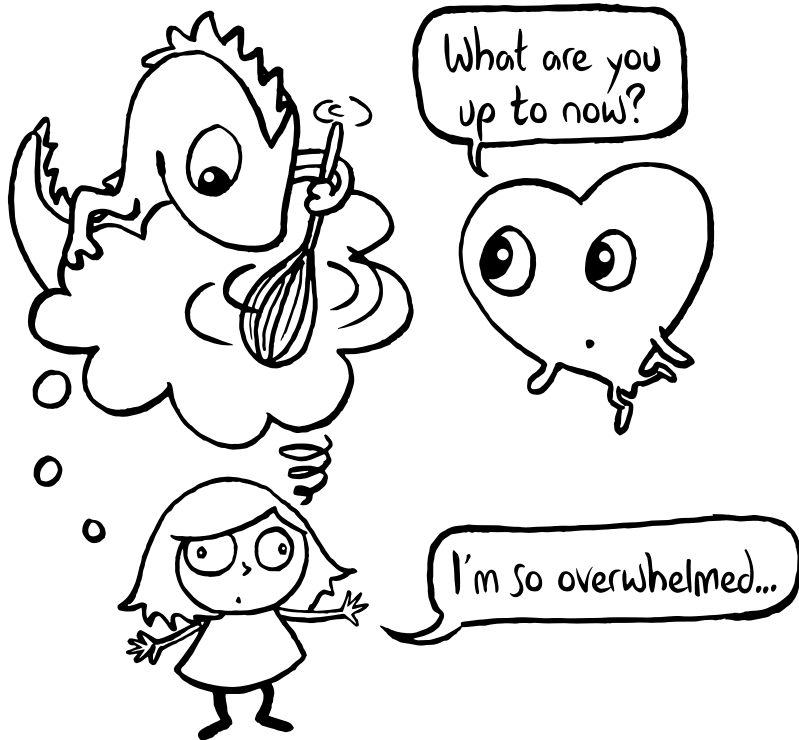
So, what are we waiting for? Let's turn the page and begin!



1 FISH



The ego feeds on compliments, but Love needs none.
Love knows happiness is an inside job.

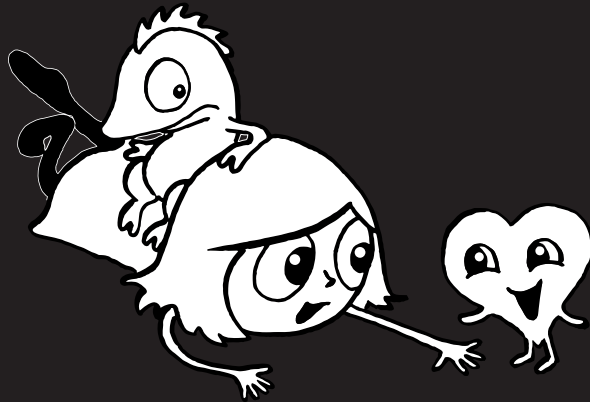


P.S. I misread this prompt (it was WISP).
Isn't it interesting how creativity can arise from mistakes too?!

3 BULKY

Sometimes the ego just takes up all the space. It's almost impossible to hear the whispers from the heart when the ego gets so bulky.





Doodle by doodle **MIRA** uncovers the ego's (aka the lizard) clever deceptions, and shows how these astonishing moments are turning points in our lives. They are delightful invitations to return back to Love and choose to follow your heart!



ISBN 978-952-67473-8-5



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Elina Puohiniemi aka elinap is a Finnish artist, life coach and the creator of the Mira(cle)Doodles series. Since 2010, she has been illustrating her spiritual path with doodles and for the past nine years has been guided by Mira, her symbolic doodle character.

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